

# Drug Information Sheet("Kusuri-no-Shiori")

Internal

Revised: 04/2009

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

## Brand name: Trinosin Granules 10%

**Active ingredient:** Adenosine triphosphate disodium hydrate

**Dosage form:** white granules

**Print on wrapping:** (0.6-g sachet) 431, トリノシン顆粒 10%, 1 包 0.6g, 有効成分 60mg  
(1-g sachet) 432, トリノシン顆粒 10%, 1 包 1g, 有効成分 100mg



## Effects of this medicine

This medicine is involved in the physiological action in the living organisms as a high energy source. It also improves blood flow by dilating blood vessels.

It is usually used for the treatment of late effects of head trauma, cardiac failure, accommodative asthenopia, chronic gastritis, and vertigo due to Meniere's disease or inner ear disorder.

## Before using this medicine, be sure to tell your doctor and pharmacist

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines.
- If you are pregnant or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

## Dosing schedule (How to take this medicine)

- Your dosing schedule prescribed by your doctor is<< \_\_\_\_\_ to be written by a healthcare professional>>
- In general, take 0.4 to 0.6 g (40 to 60 mg of the active ingredient) at a time, 3 times a day. For the treatment of vertigo due to Meniere's disease or inner ear disorder, take 1 g (100 mg) at a time, 3 times a day. In either case, the dosage may be adjusted according to the patient's symptoms. Strictly follow the instructions. The granule must not be chewed, but swallowed.
- If you miss a dose, skip the missed dose and continue your regular dosing schedule from the next dose onwards. You should never take two doses at one time.
- If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
- Do not stop taking this medicine unless your doctor instructs you to do so.

## Precautions while taking this medicine

### Possible adverse reactions to this medicine

The most commonly reported adverse reactions include nausea, loss of appetite, gastrointestinal disorder, feeling of itching, and rash. If any of these symptoms occur, consult with your doctor or pharmacist.

**The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.**

No pertinent entries.

**The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.**

### Storage conditions and other information

- Keep out of the reach of infants and young children. Store away from direct sunlight and humidity.
- Discard the remainder. Do not store them.

### For healthcare professional use only / /

For further information, talk to your doctor or pharmacist.